

The White Lotus Story

A mind-body-spirit place

The White Lotus is a mind-body-spirit place. It's my belief that you really won't be a content person unless you're feeding all three.

We sell dried herbs to aid the body – there's a herb for almost every ailment. Great books provoke thought and feed that muscle called "mind". Then feed your soul. That just means open yourself to spirituality – whatever that may be to you – and know that there's more than just us – get in touch with the divine inside and outside yourself.



STEVE HARDER PHOTO

Scents, music and energy

The first thing that's going to hit you when you enter our store is the scent of aromatic healing herbs and natural skin care. The second thing will be the atmosphere of peace and serenity. The colour and soothing music will calm your soul. And you'll feel the energy of all the good people that enter in.

Cindy Rorison Hemphill
of The White Lotus

The White Lotus

Cindy Rorison Hemphill

Archimedes or Provost St. entrance
in downtown New Glasgow mini mall
902-695-3025

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Benefits and accomplishments

The single most important benefit I can give to you is to make sure you leave with the right tool or product for your mind, body and spirit healing.

My biggest accomplishment is that we've helped so many people.